

Der XL – Test: Was können Sie schon?

Schätzen Sie Ihre Sprachkenntnisse selbst ein!

Sprache:

Englisch 🗵

- Mit der folgenden Checkliste haben Sie die Möglichkeit, Ihre Fremdsprachenkenntnisse selbst einzuschätzen. Die beschriebenen Kenntnisse sind verschiedenen Stufen zugeordnet. Das, was Sie relativ mühelos beherrschen, auch wenn nicht ganz perfekt, kreuzen Sie an.
- Anschließend beraten wir Sie gerne und suchen mit Ihnen den für Sie passenden Kurs.

Diese Checkliste ist Teil des Europäischen Sprachenportfolios des Europarates. Sie wurde von der Gruppe des Qualitätsmanagements Sprachen für die bayerischen Volkshochschulen angepasst.



Use this checklist to find out how much English you already know.

☐ Tick the things that you think you can do.

Grundstufe 1 (Common European Framework: A1 Level)

Listening

- I can understand when someone speaks to me slowly in simple English.
- I can understand simple directions.
- I can understand short questions and simple instructions.
- I can understand numbers, prices and times.

Reading

- I can understand words and phrases on signs and posters.
- I can understand simple messages on post cards.
- o I can understand single words in newspaper articles.
- o I can understand a simple form, for example, a registration form.

Speaking

- o I can greet somebody and say goodbye.
- o I can give personal information about myself.
- o I can ask and answer simple questions.
- o I can use numbers, prices and times.

Writing

- I can fill in a simple form.
- I can write a simple note.
- o I can write sentences and simple phrases about myself.
- o I can write simple sentences about my family.

- If you have ticked at least 13 statements, continue at the next level, Grundstufe 2.
- If you have ticked fewer than 13 statements, we recommend a course in Grundstufe I



Use this checklist to find out how much English you already know.

☐ Tick those things that you think you can do.

Grundstufe 2 (Common European Framework: A2 Level)

Listening

- I can understand a simple everyday conversation, if people speak slowly.
- I can understand short and simple announcements, for example, at an airport.
- I can understand the main points on television, if I can see the pictures.
- I can understand words and sentences about my daily life.

Reading

- I can understand the main information in a newspaper article.
- I can understand simple written messages about everyday life.
- I can understand the most important information in advertisements.
- o I can understand simple instructions for equipment.

Speaking

- I can greet somebody and ask how she/he is.
- o I can order something to eat or drink.
- I can ask for directions.
- o I can introduce and describe myself and other people.

Writing

- I can write about my everyday life in simple sentences.
- I can write a postcard.
- I can write a short letter.
- I can write a short, simple story.

- If you have ticked at least 13 statements, continue at the next level, Mittelstufe 1.
- If you have ticked fewer than 13 statements, we recommend a course in Grundstufe 2



Use this checklist to find out how much English you already know.

☐ Tick those things that you think you can do

Mittelstufe 1 (Common European Framework: B1 Level)

Listening

- o I can follow a simple discussion.
- I can understand the main points of a TV or a radio news programme.
- I can understand a simple conversation about my job.
- o I can understand simple technical information.

Reading

- o I can understand short texts, for example, a newspaper article or an information brochure.
- I can guess the meaning of single unknown words from the context.
- o I can understand private letters.
- o I can understand the main parts of a clearly structured story.

Speaking

- o I can hold a simple conversation on familiar topics.
- o I can give personal opinions.
- I can describe the plot of a book or film.
- I can take part in a simple discussion.

Writing

- o I can write simple texts and can express personal opinions.
- o I can send factual information by fax or e-mail.
- o I can write a CV (a personal data sheet) in summary form.
- o I can express emotions in a letter.

- If you have ticked at least 13 statements, continue at the next level, Mittelstufe 2.
- If you have ticked fewer than 13 statements, we recommend a course in Mittelstufe 1



Use this checklist to find out how much English you already know.

☐ Tick those things that you think you can do

Mittelstufe 2 (Common European Framework: B2 Level)

Listening

- I can understand conversations in detail.
- o I can follow a talk within my own field, if the subject is familiar.
- I can understand most radio and television programmes.
- I can understand most films in standard spoken language.

Reading

- I can understand in detail texts within my field of interest.
- I can understand the plot of a book or a short story.
- I can look through a manual (for example, of a computer program) and find and understand the explanations for a specific problem.
- I can read articles and reports on topics of interest.

Speaking

- o I can actively take part in longer conversations.
- o I can express different degrees of emotion.
- o I can express my opinions in discussions.
- o I can present and defend an argument.

Writing

- o I can write detailed texts on various topics.
- I can summarise information.
- I can write about events in detail.
- I can express different feelings and attitudes in personal and formal letters.

- If you have ticked at least 13 statements, continue at the next level, Aufbaustufe 1.
- If you have ticked fewer than 13 statements, we recommend a course in Mittelstufe 2



Use this checklist to find out how much English you already know.

☐ Tick those things that you think you can do

Aufbaustufe 1 (Common European Framework: C1 Level) Listening

- o I can understand many idiomatic expressions and colloquialisms.
- I can extract specific information even from a poor quality public announcement, for example, in a train station.
- o I can understand lectures, talks and reports in my field of interest.
- I can understand films with little effort.

Reading

- I can understand long complex texts, for example, reports and commentaries, and summarise them.
- I can extract information from highly specialised texts in my own field.
- o I can read any correspondence with occasional use of a dictionary.
- o I can read contemporary literary texts with ease.

Speaking

- I can keep up with an animated conversation between native speakers.
- I can use the language fluently and accurately on a wide range of general, professional or academic topics.
- I can express my opinions clearly and can put my arguments in a convincing way.
- o I can give a presentation on a subject in my field, departing from the prepared text and answering spontaneously when necessary.

Writing

- I can write about a wide range of professional topics in a clear manner.
- I can summarise information from different sources.
- I can give a detailed description of experiences and feelings in personal letters.
- o I can write formally correct letters, for example to complain.

- If you have ticked at least 13 statements, continue at the next level, Aufbaustufe 2.
- If you have ticked fewer than 13 statements, we recommend a course in Aufbaustufe 1

Use this checklist to find out how much English you already know.

☐ Tick those things that you think you can do

Aufbaustufe 2 (Common European Framework: C2 Level)

Listening

- I have no difficulty in understanding conversations, lectures, speeches, reports, whether live or broadcast.
- o I can understand regional accents, although I may need time.

Reading

- I can recognise plays on words and can understand irony and satire in texts.
- I can understand texts containing colloquialisms, idiomatic expressions or slang.
- I can understand manuals, regulations and contracts even when the field is unfamiliar.
- o I can understand contemporary and classical literary texts.

Speaking

- I can take part effortlessly in all conversations and discussions with native speakers.
- I can present ideas and viewpoints in a very flexible manner

Writing

- o I can write well-structured reports and articles on complex topics.
- o I can write summaries of factual texts and literary works.
- o I can write clear, well-structured complex formal letters.
- In letters, I can express myself ironically, ambiguously and humorously.

- If you have ticked fewer than 10 statements, we recommend a course in the Aufbaustufe 2.
- If you have ticked more than 10 statements, we congratulate you on your excellent knowledge of English.

